

DIRECTORY USEFUL NUMBERS

Office hours Monday – Friday 9 am – 5 pm
except in emergency

Hazel Smith: Pre-School & Ballet
hazel@centralschoolofdance.co.uk or 01277 226777

Nicola Baines: Modern, Jazz & Tap
nicola@centralschoolofdance.co.uk or 07494 750903

Rebecca Wieland: Tap, Drama and Musical Theatre
rebeccalouisewieland@yahoo.co.uk

Natalie Smith
nattyballerina@yahoo.co.uk

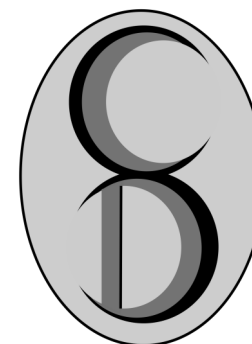
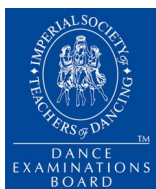
Jenny Shuck (accounts)
jenny@centralschoolofdance.co.uk or 07403 769801

www.centralschoolofdance.co.uk

All dates & times will be posted on the web site calendar.
During the winter we found the web site

&

Facebook—Official Central School of Dance & Drama
an extremely useful method of informing everyone if classes were cancelled
due to adverse weather.



In Step

Central School of Dance & Drama
www.centralschoolofdance.co.uk

January 2020



We hope you all had a wonderful festive holiday.

Thank you so much for the many beautiful cards
and lovely presents we received.

Now, through it's time to get back to dancing and
work off those Christmas goodies!

As always there is plenty of
information inside so please read all the dates
carefully.



THIS TERM

Spring Term: Monday 6th January 2020 - Saturday 28th March
½ term: Monday 17th - Saturday 22nd February

| | | |
|------------|-----------------|--|
| Exam Dates | R.A.D Ballet: | 17th to the 19th March |
| | I.S.T.D Modern | 31st March - IF, Inter & Ad1 2nd April - Grades 1-5 |
| | I.S.T.D Tap | 3rd & 4th April |
| | L.A.M.D.A Drama | 30th or 31st March |

All exam and presentation candidates will have received notification individually. Please read the consent form carefully, and inform us of any dates you cannot make. Students will be issued with a copy of the syllabus music for practice, this must be returned on date of exam. (£5 charge for non return)

Unfortunately due to the high standard required by the exam boards failure to attend all classes will result in withdrawal.

Cancelled Dates or altered classes **please read carefully**

Wednesday 15th January 20 - Studio 3 Ursuline - NO classes

All other classes remain as normal.

These classes have been charged accordingly.

YEAR DATES

Provisional rough outline dates for forthcoming terms all subject to confirmation.

Summer Term: Monday 20th April - Saturday 11th July
½ term: Monday 25th — Saturday 30th May
Exams Dates: 13th—21st July

Please Note:

We have to wait until landlords have given us dates that are unavailable before final confirmation, particularly start & finish of terms and half terms.

Timetable ~ if you need to alter your timetable contact;

admin@centralschoolofdance.co.uk.
Ballet & Pre - School : Hazel 01277 226777
Modern, Jazz & Tap: Nicola 07494 750903
Drama: Rebecca Wieland ~ rebeccalouisewieland@yahoo.co.uk

MOVING THROUGH THE GRADES

~ WITH OUT TAKING EXAMS

We endeavour to accommodate all students with the option to take exams or not.

If a pupil decides to take an exam they are requested to attend extra classes because of the standards required by the examining boards. Extra classes run for the entirety of the term (unless specified).

In many cases the commitment to these classes is sometimes not possible (for various understandable reasons including personal available time, other commitments or indeed finances). However if a pupil wishes to continue moving through the grades without taking an exam it is vital that attendance to their regular class is maintained. Poor attendance means they will not have covered the work and achieved a reasonable level to be able to cope with the demands of the next grade.

The grades are structured as such that the work within one grade develops into the next. Therefore it is essential that students have a good grounding whether or not participating in the exam. Otherwise they will struggle and feel overwhelmed when attempting the more demanding higher grade.

"IT'S MY TURN"

This is a comment often heard. We need to understand that every child is an individual and therefore progress at their own rate depending on natural factors such as growth spurts and illness.

Also if a pupils attendance is poor within a non exam term they cannot expect to be ready or considered for the next exam session.

As much as we try to keep friends together, examinations should only be entered as and when a student is confident and ready so the exam is a positive experience.

A message from former student Olivia Tiernan

Please can I remind everyone who was given a consent form to take part in my Injury Surveillance Study to hand them in as soon as possible so you can be given the questionnaire to complete. If you have lost your consent form please ask for another one.

I am hoping most of you will be able to take part (Grade 6 & above) as it will be an interesting study to help injury prevention. If you did not receive a form please ask any teacher for one.

I would appreciate your prompt response on this so I can get to work on collating the replies!"

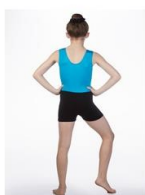
NEW/NEARLY NEW/EXCHANGE SHOP

EVERY SATURDAY MORNING

9.00 - 11.15

New Uniform NOW available.

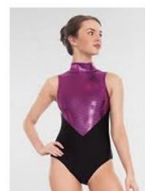
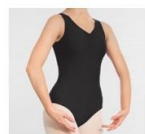
We have a supply of new/nearly new school uniform



**Buy or exchange uniform at our
Saturday morning shop**



Stock is dependent on availability



If you have any nearly new/hardly worn items please donate.

LOST PROPERTY

Valuable lost property items will now be available to claim at the shop, if you are missing anything ie; watches, rings, necklaces, please come and ask.

POLITE REMINDER — DROPPING OFF & PICKING UP

Eastfield Road ~ studio 3. Please may we politely remind you to be considerate of the residents, in the forth coming term, when dropping off and picking up from classes in the dance studio. Remember to turn off cars when waiting, do not double park, and keep the general noise levels to a minimum.



New Road ~ studios 1 & 2. This is an extremely busy road, parking has become increasing difficult and the traffic wardens are always on patrol. We must stress that we are concerned for the younger pupils safety and are unhappy when children are asked to run out to the road to be collected. We all have tight schedules but we implore you to come into the building to collect your children.

And at all studios.

**Try not to use residents parking areas directly outside homes.
We have had to face angry, frustrated residents**

FEES

Fees must have been paid by Saturday 11th January to qualify for discount, remember payments by instalments do not qualify for discount

And LATE PAYMENT FEE £5.00 PER WEEK begins at half term and continues until account is settled

The majority of our invoices and correspondence are sent by email.

In order for us to keep this system efficient please note the following:-

- Please ensure that we have your correct and up to date email address
- Please check your spam/junk mail
- Please note that, particularly if you have more than one child at the school, then your pdf file may be more than one page long - please scroll down to make sure you have seen it all!
- Exam invoices are sent in a separate email.
- If you cannot open the file, or it is blank, please ensure that you have an up to date version of Adobe Reader.
- This is obtainable as a free download from the internet.
- Please make sure that you pay the correct fee into the correct account with your child's name or account number as a reference.
- If we do not have your email address and you would like your invoice sent electronically please contact Jenny at jenny@centralschoolofdance.co.uk or phone 07403 769801

On Line Banking

~ please state pupils name

Term & Drama Fees: HSBC, Account No: 41605917, Sort Code: 40-13-22
Exam Fees: HSBC, Account No: 01544551, Sort Code: 40-13-22

CHRISTMAS CONCERT at the BRENTWOOD CENTRE



Such a treat to see some of our Senior Students perform with the Chelmsford Ballet Company as part of Hutton & Shenfield Choral Society's Music for Christmas 2019.

Together with some Junior Students singing in St Mary's School Choir, with the Aurelian Symphony Orchestra.

Gorgeous dancing, beautiful singing.

Cobweb Fairy - Lucie Apicella-Howard
Titania - Samantha Ellis
Mustard Seed Fairy - Victoria Abbott



IMPORTANT - ALLERGIES

With the number of students on the premises we are always considering their health and safety.

Students often snack before or between classes and we are aware there are a number of children who have food allergies.

The most common and concerning is NUT ALLERGIES.

Therefore with this in mind

Please can we make **CENTRAL** a **NUT FREE** zone
and ask that pupils are encouraged not to share their snacks.



The Musical Theatre group is rehearsing for a performance of Matilda, which will be staged at the end of the school year. Look out for the date in July, which will be announced in the next issue of 'In Step'.



CENTRAL SCHOOL of DANCE UNIFORM with CODE
www.firstposition.com 033 0333 0222

PRE-SCHOOL

Same as Pre-Primary Ballet
 & Black Tap Shoes for First & Beginners Tap

BALLET

PRE-PRIMARY, PRIMARY & GRADE 1

IDS PINK Megan Leotard SKU: RAD003
 PINK Emilia Wrap over Skirt (NOT Grade1) SKU: RAD007
 White Socks SKU: S0
 Pink Leather Ballet Shoes with Elastic SKU: BL209
 GRADE 1 Black Low Heel Character Shoes SKU: SCS
 Character Skirt (purchased from Central School of Dance)

GRADE 2 & 3

IDS LILAC Megan Leotard SKU: RAD003
 White Socks SKU: S0
 Pink Leather Ballet Shoes (G2 with Elastic, G3 with Ribbon) SKU: BL209
 GRADE 2 Black Low Heel Character Shoes SKU: SCS
 GRADE 3 Black Cuban Heel Character Shoes SKU: SCC
 Character Skirt (purchased from Central School of Dance)

GRADE 4 & 5

IDS TEAL Anna Leotard SKU: RAD002
 Pink Convertible Ballet Tights SKU: AD136
 Pink Leather Ballet Shoes with Ribbons SKU: BL209
 Black Cuban Heel Character Shoes SKU: SCC
 Character Skirt (purchased from Central School of Dance)

GRADE 6, 7 & 8

CAPEZIO BLACK BraTek Camisole Leotard SKU: CZBX110
 Pink Convertible Ballet Tights SKU: AD136
 Pink Leather Ballet Shoes with Ribbons SKU: BL209
 Black Cuban Heel Character Shoes SKU: SCC
 Character Skirt (purchased from Central School of Dance)

INTRO to MAJORS & INTER FOUNDATION

NAVY Isabelle Camisole Leotard SKU: RAD004
 Pink Convertible Ballet Tights SKU: AD136
 Pink Leather Ballet Shoes with Ribbons SKU: BL209
 Pink Satin Soft Shoes with ribbon for EXAMS

INTERMEDIATE & ABOVE

ROYAL BLUE Isabelle Camisole Leotard SKU: RAD004
 Pink Convertible Ballet Tights SKU: AD136
 Pink Leather Ballet Shoes with Ribbons SKU: BL209

Satin Soft Black Shoes & Satin Pointe Shoes

ADVANCED 1 & 2

Satin Soft Black Shoes & Satin Pointe Shoes
 Black or Royal Blue Camisole Leotard
 Matching Tutu - Black or Royal Blue

BOYS

PRE-PRIMARY- GRADE 2 Black Cycle Shorts SKU: 817A
 White Short sleeved Leotard SKU: 2300

White Socks (for Ballet) Black Socks (for Tap)
 White Ballet Shoes (for Ballet) Black Tap Shoes

GRADE 3 & ABOVE Black/Navy Footless Tights SKU: 2500
 White sleeveless Leotard SKU: 2400

White Socks (for Ballet) Black Socks (for Tap)
 White Ballet Shoes (for Ballet) Black Tap Shoes

MODERN

GRADE 1, 2 & 3

Kingfisher 'Angela' Ruched Lycra leotard SKU: Q2AN
 Black Lycra shorts SKU: 817A
 Black footless tights for winter, NOT EXAMS SKU: AD124

GRADE 4

'Helena' Black sleeveless Ruched Lycra leotard SKU: Q32
 Black Lycra shorts SKU: 817A
 Black footless tights for winter, NOT EXAMS SKU: AD124

GRADE 5 & 6

'Helena' Black sleeveless Ruched Lycra leotard SKU: Q32
 Black Seamless Footless SHEER Tights
 Foot Thongs (optional)

INTER FOUNDATION - ADVANCED 2

Any Black Leotard (non balletic)
 Black Seamless Footless SHEER Tights
 Foot Thongs (optional)

TAP

PRIMARY, GRADE 1 & 2

Kingfisher 'Angela' Ruched Lycra leotard SKU: Q2AN
 Black Lycra shorts SKU: 817A
 Black full footed tights for winter NOT EXAMS SKU: AD103
 Black Ankle Socks SKU: S0
 Black BLOCH P.U. Tap Shoes with Tele tone Toe & Heel Taps SKU: BL330

GRADE 3

Black 'Helena' sleeveless Ruched Lycra leotard SKU: Q32
 Black Lycra shorts SKU: 817A
 Black full footed tights for winter NOT EXAMS SKU: AD103
 Black Ankle Socks SKU: S0
 Black BLOCH P.U. Tap Shoes with Tele tone Toe & Heel Taps SKU: BL330

GRADE 4 & 5

Black 'Helena' sleeveless Ruched Lycra leotard SKU: Q32
 Black full footed tights SKU: AD103
 Black BLOCH P.U. Tap Shoes with Tele tone Toe & Heel Taps SKU: BL330

GRADE 5

'Helena' Black sleeveless Ruched Lycra leotard SKU: Q32
 Black full footed SHEER tights
 Black BLOCH Low Heel Jazz Tap Shoes with Tele tone Toe & Heel Taps SKU: BL301

GRADE 6

"Lynn" Two Tone Black/Magenta High Neck Keyhole Leotard SKU: Q36
 Black full footed SHEER tights
 Black BLOCH Low Heel Jazz Tap Shoes with Tele tone Toe & Heel Taps SKU: BL301

JAZZ

JAZZ A & AA

Any Black Leotard
 Black Seamless Footless Tights
 Foot Thongs

Junior & Senior
PRIZE GIVING & AWARDS
 2020

SUNDAY 28th JUNE

3.30 pm

Studio 2

United Reformed Church Hall

**Including demonstrations
 by
 Students**



The Chelmsford Ballet Company presents
BEATRIX POTTER™ TALES

in association with Frederick Warne & Co.

Civic Theatre Chelmsford

25th - 28th March 2020



© The Chelmsford Ballet Company 2018

Ticket prices for Wednesday & Thursday £15.50 (concessions £13.50)
Friday, Saturday & Saturday Matinee
£16.00 & £18.00 (concessions £14.00 & £16.00)

Theatre Box Office : 01245 606505 ~ www.chelmsford.gov.uk/theatres

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**IDEAL for all
the family**

Central has a number of students dancing with Chelmsford Ballet Company in their next performance of Beatrix Potter Tales at Chelmsford Civic Theatre.

So why not book your tickets now.

START a NEW CLASS

Pupils of Central are invited to try a variety of new disciplines, at various ages.

However this does not exclude a pupil wishing to commence any subject at a later time please do not hesitate to enquire.

Ballet & Pre - School : Hazel 01277 226777
Modern, Jazz & Tap: Nicola 07494 750903
Drama: Rebecca Wieland: rebeccalouisewieland@yahoo.co.uk



TAP

Thursday 1.45-2.30

Drop in only £6 per class

contact Rebecca
rebeccalouisewieland@yahoo.co.uk

**TIMETABLE
JANUARY 2020**

| studio 1 | MONDAY studio 2 | studio 3 | william hunter room |
|---|---|---------------------------|------------------------|
| 1.45 - 2.30 toddlers music & movement | | | |
| 4.00 - 5.00 grade 1 ballet | 4.00 - 4.45 grade 4 modern | | 4.00 - 4.45 LAMDA |
| | 4.45 - 5.30 grade 5 modern | 4.30 - 5.45 jazz AA | 4.45 - 5.45 LAMDA |
| 6.00 - 7.00 intermediate tap | 5.45 - 6.45 grade 4 ballet | 5.45 - 6.45 jazz A | |
| 7.00 - 8.00 grade 4 tap | 6.45 - 7.45 grade 5 ballet | | |
| 8.00 - 9.00 grade 5 tap | 7.45 - 9.00 grade 6 ballet & pointe | | |

| studio 1 | WEDNESDAY studio 2 | studio 3 |
|---------------------------------|--|---|
| 4.00 - 5.00 1st tap & ballet | 4.00 - 4.45 pre-primary ballet | 4.00 - 4.30 grade 3 modern |
| 5.00 - 5.30 beginners tap | 5.00 - 5.45 primary ballet | 4.30 - 5.30 if modern |
| 5.30 - 6.15 grade 4 ballet | 5.45 - 7.15 intermediate ballet & pointe | 5.30 - 6.30 inter modern 6.30 - 7.30 |
| | 7.15 - 9.00 advanced 1 ballet & pointe | 7.30 - 8.30 grade 5 modern grade 6 modern |

| studio 1 | FRIDAY studio 2 | studio 3 |
|----------------------------|-------------------------------|--|
| 4.00 - 4.45 grade 1 tap | 4.00 - 4.45 grade 1 modern | 4.15 - 5.00 advanced 1 ballet |
| 5.00 - 5.45 primary tap | 4.45 - 5.45 grade 2 modern | 5.00 - 6.00 advanced body con & pointe |
| 5.45 - 6.45 grade 3 tap | 5.45 - 6.45 grade 3 modern | 6.00 - 6.45 |
| 6.45 - 7.45 grade 2 tap | 6.45 - 7.45 grade 4 modern | advanced 2 ballet |

| studio 1 | TUESDAY studio 2 | studio 3 |
|----------|----------------------------------|---------------------------------|
| | 4.00 - 4.15 | 4.00 - 5.00 grade 4 tap |
| | 4.15 - 5.15 grade 2 ballet | 5.00 - 6.00 advanced 1 tap |
| | 5.15 - 6.15 grade 4 ballet | 6.00 - 7.00 advanced 2 tap |
| | 6.15 - 7.15 grade 3 ballet | 7.00 - 8.00 grade 6 tap |
| | 7.15 - 8.45 advanced 2 ballet | 8.00 - 9.00 intermediate tap |

| studio 1 | THURSDAY studio 2 | studio 3 | william hunter room |
|--|---|--|------------------------|
| 1.45-2.30 ADULT TAP | | | |
| 4.00 - 5.00 musical theatre senior | 4.00 - 4.45 grade 1 ballet | 4.00 - 5.15 introduction to majors | |
| 5.00 - 6.00 musical theatre junior | 4.45 - 5.45 grade 8 ballet | 5.15 - 6.00 intermediate foundation ballet | |
| | 5.45 - 7.00 grade 7 ballet & pointe | 6.00 - 7.00 if & inter body con & pointe | 6.15 - 7.00 LAMDA |
| | | 7.00 - 7.45 intermediate ballet | 7.00 - 7.45 LAMDA |

| studio 1 | SATURDAY studio 2 | studio 3 | william hunter room |
|-------------------------------------|--|---|------------------------|
| 9.00 - 10.00 1st tap & ballet | 9.00 - 10.15 grade 6 | 9.30 - 10.45 advanced 2 modern | 9.00 - 9.45 LAMDA |
| 10.00 - 10.30 beg tap | 10.15 - 11.15 ballet & pointe | 10.45 - 11.45 inter foundation modern | 9.45 - 10.30 LAMDA |
| 10.30 - 11.15 pre-primary ballet | 10.15 - 11.15 grade 2 ballet | 11.30 - 12.15 grade 1 ballet | 10.30 - 11.15 LAMDA |
| 11.30 - 12.30 grade 2 tap | 11.30 - 12.15 grade 1 ballet | 11.45 - 1.00 advanced 1 modern | |
| 12.30 - 1.15 grade 1 tap | 12.15 - 1.00 primary ballet | 1.00 - 2.15 inter modern | |
| 1.15 - 2.00 primary tap | 1.00 - 2.00 grade 3 ballet | | |
| 2.15 - 3.15 grade 3 tap | 2.00 - 3.00 grade 5 ballet | | |
| 3.15 - 4.15 grade 5 tap | 3.00 - 4.15 intermediate foundation ballet | 2.30 - 4.00 advanced 1 modern | |
| 4.15 - 5.00 grade 6 tap | | | |

Studio 1: Downstairs - United Reformed Church Hall, New Road

Studio 2: Upstairs - United Reformed Church Hall, New Road

Studio 3: Eastfield Road - Ursuline School

William Hunter Room: United Reformed Church Hall - use garden foyer

| KEY | EXAM COACHING | PRE SCHOOL | BALLET | MODERN | TAP | JAZZ & BODY CON | LAMDA & MUSICAL THEATRE | ADULT |
|-----|------------------|---------------|--------|--------|-----|--------------------|-------------------------------|-------|
|-----|------------------|---------------|--------|--------|-----|--------------------|-------------------------------|-------|